

Spear and Shield: the Ideological Education and Bullying

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Abstract: In recent years, School bullying emerge in endlessly, bullying is not only had not been killed in the cradle, but also presents the escalating trend. School Bullying caused the wide attention of the whole society. Recently, the office of education steering committee of the state council issued the notice regarding to punishment activities for school bullying, will make a special projects on this issue. But the author found that School bullying problem many originated from the ideas of the primary and middle school students, we should strengthen their ideological and political education. And the author will use the conflict resolution method to explore the way of solving the bullying.

Keywords: School bullying; Conflict; Contradiction

1. Introduction

In the early 1980s, scientists, criminologists and educator in the west psychology began to research into the cause of the bullying phenomenon for solving countermeasures. Norway is one of the United States bullying has the characteristics of long-term, severity and the earlier focus on bullying in the world. The Norwegian government against bullying phenomenon to the questionnaires of primary and secondary schools across the country, according to a survey of Norway on average every seven Chinese elementary school students have a bullied. Bullying a far more serious than we thought. Western countries, the United States is also plagued by bullying, one of the United States education experts points out that destructive, great harm to teenagers and society. The government tried to use legislation to eliminate bullying and penetration in the entrance education campus anti-bullying education. Western countries to solve the problem of bullying, even Japan and the United States, Britain, Estonia, the Netherlands and other five countries joint is the phenomenon of bullying among teenagers carried out a large-scale survey. But the research of our country for bullying is still at the early stage, Only fragmentary strengthen the concept and perfect word meaning, Compared with the developed countries lags behind. In the domestic research on bullying, Mostly in the form of direct reference to the western research results and theoretical framework to solve the problem of domestic bullying.

2. The Meaning of Bullying

Although the earliest in China in the story of "zhanguo" and "han" recorded "deceit" in the word. In ancient times, however, does not form related theory. Only fragmentary strengthen the concept and perfect meaning.

Bullying is refers to the forces. That is the bullying in our daily life. Bullying, as its name implies is within the scope of the campus the oppressing occur between students. With the deepening of the research as well as the changes in the network era, Bullying become means more concealed, more widespread, from more diverse. Look from the means, bullying is not only including abuse, beating is bully the traditional way of bullying. Also increased the cyberculture this style of "anonymous" bullying. Look at the scope, bullying is not only China needs to solve problems, bullying is a global problem. There are a lot of scholars the bullying is defined as campus bullying. This is unscientific. Bullying include not only the campus bullying, but should also include being bullied or on the road to go to school in the way of school bullying. Look from the means, in addition to the traditional language bullying and violence, bullying, also can undertake cyberculture. "Cold violence" means such as bullying. From what has been discussed above, we can give bullying under such a definition. Bullying is bullying and extortion behavior between classmates, etc., in primary and secondary schools, the victim will be bullied for a long time. In the process of bullying, the bully will constitute psychological problems to the victims, the influence is healthy, even influence personality development. The essence of school bullying is a kind of uncoordinated conflict, certain aspects of the bully because their demands are not met to form the state of escalation behavior. This kind of behavior is the fundamental cause of conflict between students or the student individually, the contradiction of the derivative The general starting with the secondary contradictions, but through the contradiction between bullying and being bullied, Finally led to the conflict - bullying.

3. Reflects the Contradiction and Conflict in the Bullying

3.1. Students and families

Contradiction is widespread. Students and families seem under suggests a calm, Is lurks a contradictory and conflict. This contradiction including the contradiction between students and parents, students and family environment of contradictions, contradictions between my parents. Although family conflicts is the secondary contradictions in bullying. But it also affects the development of school bullying and solves, so we should pay attention to the solution of the problem of students and family.

1) *The contradiction between parents and children*

First of all, the contradiction between family education in moral education and intellectual education. Many parents are more value the development of the child's IQ. And do not pay attention to the training children the right values, outlook on life and world view. Many parents even busy all day long to earn money for their children, Spend less time and attention to his own children. Famous psychologist sigmoid Freud once said; "People's behavior is under the influence of early childhood experiences, How a children's cognitive, how to face the world and some in the adult looks like the little things, Will deeply influence the development of children, and to form a mental symptoms in the future. If parents concerned about their children or just give money, Can let the infant children lack of love. So they are likely to find another way to show their "value". Some children will be bullying classmate to prove himself, to attract the attention of parents and teachers, in order to prove their worth.

Second, in the life ideal and the reality their child. Parents want their children to success, Such a mentality that spoiled one-child has become a serious social problem, As the ceaseless improvement of quality of life, Four parents around a child's joys and sorrows, Not only can lead to unruly children character, Are more likely to lead to the child's mental sickness. It is this feels superior psychological, Prompt an only child to bully other children. An only child already accustomed to this kind of smooth sailing in life meet all requirements. This leads to their behavior more audacity, is likely to lead to bullying behavior.

2) *The contradiction between my parents*

The famous American psychologist bundle's social learning theory. We can learn the social behavior of the individual learning originated from accidental reinforcement for mediation observational learning. In general, children live in family relations if not harmonious family atmosphere, children imitate adults always have intention to not intentional of, Such as language quarrel between adults, Body collision. Violence such as violence, the children always can easily direct learning and strengthen

such behavior. So based on bandura's theory. Primary and middle school students bullying are directly or indirectly learn from their parents or elders. The stand or fall of family education directly affects the children's bullying behavior, so to speak.

3.2. Students in the school

1) *The contradiction between the students and the system*

Primary and secondary schools are our country compulsory education stage. Many schools put more emphasis on the students in basic education, While ignoring the cultivation of primary and middle school students moral education and behavior. Most schools had not performed the school moral education activities. Lay particular stress on intellectual education of primary and secondary schools and vigorously carry out the practice of exam-oriented education, Only to learn the main, ignore the education of less important. Led to the poor behavior of primary and middle school students. Moral consciousness is poor. Many primary and middle school students indulged in creature comforts. Only speak their rights, no respect for the elderly. The inevitability of thought easy to produce a series of extreme behavior, Lead to a lack of respect for each other, care and help other students.

2) *Teachers professional ethics landslide*

The teacher is to teach knowledge, to answer questions. The teacher not only shoulders the responsibility of transmission of knowledge. It should be is the transmitter of civilization. And part of the teacher has been abused, corporal punishment or even beaten the behavior of students. Such behavior not only lets the parents feel afraid, Huge damage and let the child body and mind. Even children will think spanking is correct behavior, children can subconsciously copy to the teacher's behavior. As a result of the primary and secondary schools in the mind not mature, still can't distinguish right from wrong, take authority of practice.

3) *Construction of a school system is not sound*

Primary and secondary schools there are very few clear stipulation on system for primary and middle school students with bad behavior of punishment and education. According to cole's theory of man's moral cognition development stage, We can learn that 0-9 years old children in the stage of secular level before, they judge their own things is good or bad will be punished, 9 to 15 years old children in the secular level stage, At this stage children determine their behavior correctly or not, Mainly to see if can be praised by others or affirmation. If in a timely manner to bullying in school moral education and criticism. To a certain extent weakened his bullying behavior. So this needs to be schools in the system and the system of constraint rules of bullies.

4) *The relationship between students and students*

Because of ideology between students and students, family environment, regional differences in customs,

Learn together, life will inevitably appear the friction and conflict, Cause of tension, Life is not happy. In general, of the people on both sides of the conflict, personality strong will oppress the poorer party, and used to stand on your own position not budge, the rationale and tide wait for no man. Lead to conflict, the two sides with a fist to solve the problem.

4. Conflict Resolution Method of Feasibility Studies

Conflict resolution method is one of the special methods of ideological and political education methodology, conflict resolution method is aimed at people's thought and behavior intensify contradictions, Through establishing and perfecting the restriction mechanism and vent channel, Mediation of conflicts. To reduce and weaken the conflicts caused by shock and destruction by an emergency method. Conflict is inevitable. Campus conflict is inevitable, when the contradiction between the classmate accumulated to a certain degree, the hard to avoid conflict. The superiority of conflict resolution method lies in its contradictions as basis points. Bullying is the extrinsic manifestation of campus escalation. Conflict resolution method can mediate the contradiction and conflict management, transfer students attention has an important role. It can be effectively positive campus conflict mediation. In the first place to prevent students make aggressive behavior. This method is the main operator is teachers and parents of students.

4.1. Campus conflict mediation to prevent further intensification of the contradiction

Parents should closely concern with the student status of teachers and students and psychological changes. Because the campus contradiction is always more concentrated around a certain problem accumulated contradictions, In bullying bullies before he was in his heart buried the seeds of bullying - and to be the contradiction between the bully, Be bully because too weak, weak, low self-esteem in a disadvantage position, Dare not rebel against bullies. If parents and teachers found that children in a particular focus on the accumulated contradictions, Development to a certain extent, or under the accident catalysis, Will focus around the formation of bullying. The man the therefore, the teachers and parents should guide, Should timely "Moral education", In advance "Immunizes", Our teachers and parents need to timely, accurate to find conflict between bullying and being bullied, revolve around the contradiction of the reason, take the method of mediation, according to the focus of contradiction, timely make their contradiction, can quickly lead to mediate their differences, so that you can avoid bullying. The second is parents and teachers in the channel, to pay attention to methods. Must be aimed at the specialties of the psychological characteristics of a

child's character, the specific analysis. According to different contradiction, such as in real life, thoughts of contradictions, the contradiction of emotional problems, such as the contradiction of learning problems. We should take different ways to persuade, dredge and metastasis. Third is in the usual study and life, teachers and parents to improve the child's interpersonal skills, flexible many children lack of interpersonal skills, can lead to misunderstanding, estrangement and prejudice, and if not suitable, it is easy to cause conflict forming campus bullying. The fourth is that parents and teachers should slow down, to the children of anger channels, timely to, cause in rows. Let the children's emotional and problems have a place to exchange and debate. So that you can avoid children in private or internal to solve, parents and teachers in a timely manner to guide, not only can make the relationship between teachers and students and parent-child relationship closer, and the campus bullying killed in infancy.

4.2. Seek effective method to properly handle the conflict

The first is the "heat treatment" means, in the face of bullying, teachers and parents should be decisive processing, rapid control of bullying situation, minimize the impact of conflict and destruction. Because the bullies tend to have serious psychological problems after being bullied. Parents and teachers want great care about them. Help them set up confidence. To bully, we want to solve the cause of his bullying from the source, suit the remedy to the case, the last of their behavior in criticizing education to weaken his bullying behavior. Teachers and parents to grasp the basic principle is to explicitly indicate that position and attitude of bullying, we advocate, unity and friendship among against bullying, distinct, unequivocally. Heat treatment is suitable for dealing with bullying is serious and impenitence bullies, this approach can reduce the damage to be bullied, but hard to avoid being bully brings negative effect, we can gradually be bullied are gradually to remedy it.

The second is the "cold treatment". This is the way in which parents and teachers don't understand the situation, the happened is not clear and bullying, teachers and parents do not express position first, first temporarily cooling bullying, on both sides to mediate, avoid bullying to expand, and then through a variety of detailed investigations and effective strategy, properly solve bullying. If parents and teachers have to constantly criticize bullies, may lead to "bully" injustice. First, teachers and parents to guide on the side, children avoid two children positive confrontation. After understanding the situation, to correctly guide them. Second, mediation, authority control of the development of bullying. In order, to avoid the expansion of bullying, prevent serious consequences. We can ask the authorities to mediate for children. Because the authorities in the children's influence and prestige in

the heart, the mediation effect will be better than that of teachers and parents. Third, in the face of the child a reasonable request, teachers and parents can make appropriate compromise and concessions, to ease the bully extreme emotions. Fourth, in order to control the bullying, we can invite the bully to classmates and friends, and people with heart and play its restriction in command of bullies and the emotional, to control the bullying.

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