Research on the College English Teaching Model of "Internet + Flipped Classroom"

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Abstract: With the development of Internet technology, the new online education model has become the mainstream of modern education. Under the influence of the Internet technology, the new teaching forms Massive Open Online Courses and flipped classroom have been gradually accepted by people. This kind of unique innovative education model is loved by the students, at the same time, this kind of education mode can improve students' learning interest and enthusiasm. This paper analyzes the College English teaching model of "Internet +Flipped classroom", and discusses the advantages of this teaching model, finally this article also proposed the measures to solve the problem.

Keywords: College English; Internet; Flipped classroom; Teaching practice

1. Introduction

Since the beginning of the English teaching in China, English teaching has been continuously improved, but most colleges and universities still use traditional teaching methods. Traditional teaching methods can not meet the needs of students, which directly affects the quality of College English teaching.

2. The Definition of "Internet + Flipped Classroom" Model

The application of the Internet in the classroom has been familiar to us, in recent years, the most popular Internet education model is "Massive Open Online Courses ". MOOC is a large-scale online course, whichis very popular in the United States. MOOC educational video is very short, only 15 minutes, which allows students to focus their attention on the classroom. The MOOC model was first developed by Bryan Alexander of Canada and Dave Cormier of the University of Prince Edward Island. The two scholars spread the MOOC educational model to the whole world, and later MOOC initiated a new educational trend.

With the support of digital technology, flipped classroom creatively integrates classroom teaching, teachers, students and teaching resources together. The new model transforms the original oral teaching into the teaching of video media, and transforms several teaching links into micro video. Flipped classroom allows students to preview the knowledge points through the micro videos at home, and to achieve targeted exercises. After returning to the classroom, students can communicate with teachers to solve the problem. Throughout the learning process, teachers use online courses to solve the key points and difficult points. Eric Mazur, a professor of physics at Harvard University, found in the study that the transfer and internalization of knowledge can be efficiently ac-

complished in a flipped classroom. At the same time, he also pointed out that in the future development of education, the application of computers will be more and more widely, and even can replace teachers in the classroom teaching. Flipped classroom was selected as the 2011 most influential classroom teaching reform by the Canadianexperts.Flipped classroom breaks through the limitation of traditional classroom practice and space, which greatly improves the students' learning ability.

3. The Application of "Internet + Flipped Classroom" Model

At present, many colleges and universities in our country still adopt the traditional teaching methods, so the classroom efficiency is low. Most of the students feel that the classroom is boring and lack of vividness,which leads to a lack of motivation and initiative.Some schools begin to introduce the teaching mode of MOOCand flipped classroom. At the same time, the school began to use the advanced computer technology to change the teaching methods and try to cultivate the students' interest in learning. MOOCteaching model can effectively use of modern information technology, in this way students can complete the classroom learning through micro video, so this way of learning is not limited by location and time. Students in their spare time complete the study, and the use of network resources continue to expand the knowledge, which can cultivate students' ability to think independently and explore. The greatest advantage of MOOCis to enrich the teaching content, while providing more abundant resources for students to learn.

Flipped classroom is developing rapidly as a new type of education in our country. Because the students' English levels areuneven, some students can not keep up with the progress of teaching, which will make these students lose interest in English learning. Flipped classroom can help

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students control the progress of learning. Flipped classroom can cultivate students' ability of autonomous learning. In classroom activities, students have more opportunities to participate in their own activities, especially listening practice. Students can listen to the problems encountered in the audition repeatedly, and can ask questions to the teacher. The teacher's role is changed from the knowledge oriented person to the leader, which can help the students to improve their oral ability and thinking ability.

4. The Advantage of Internet + Flipped Classroom Model

4.1. The present situation of college English classroom teaching

In order to cope with the English grade examination, many schools still focus on examination oriented education. This kind of exam oriented education is boring and inefficient. In addition, the college students have less time in class, so it is difficult to complete a large number of English teaching tasks. The teacher is busy with imparting knowledge, while the students can only passively accept knowledge. Students have fewer opportunities to speak English, so students' ability of independent inquiry and autonomous learning can not be effectively improved. In the teaching practice of "flipped classroom", many students can control their learning tasks. Videos can be used to break the limits of teaching time, so that students can learn more efficient. Teachers can focus on the key points of knowledge to explain, which can deepen students' understanding of the learning content.

4.2. The advantage of "Internet + flipped classroom" model

This learning model can expand the study time and space. The traditional English class attaches great importance to the teaching of knowledge, while the students lack enthusiasm. Under the guidance of the teaching model, students can preview the knowledge before class, and can record their own problems in the learning process. The flipped teaching uses the network resources to carry on the inquisition to the classroom knowledge, and has introduced the extracurricular materials. In the classroom, students can effectively use the whole class, while the discussion between students can expand the thinking of students. These actions effectively expand the time and space of learning, but also improve the efficiency of learning.

This model can improve students' autonomous learning ability. In College English class, the teacher is responsible for imparting knowledge, while students need to listen carefully and take notes. In the flipped classroom, students can learn knowledge through video, and make learning plans according to their own learning characte-

ristics. This new model breaks the traditional classroom, which can improve the students' ability of autonomous learning. Students can expand their knowledge through extracurricular information, and students can develop their own learning plan according to their own ability, which is of great significance for students to improve their learning ability.

This model is conducive to teaching activities in accordance with Students' aptitude. The idea of "teaching students in accordance with their aptitude" was put forward by Confucius several thousand years ago. Although some colleges and universities have implemented the hierarchical teaching, the effect is not ideal. Large class teaching model can not take into account all the students' learning efficiency, so it will lead to greater differences amongthe students. The flipped classroom changes the teaching process, and the learning model of the pre - and post - learning enables the teacher to take the targeted teaching activities. Teachers have time to pay attention to each student, which allows students to speed up the progress of learning.

5. Conclusion

Although "Internet + flipped classroom" model is not mature, in the process of development of future education in our country, "Internet + flipped classroom" model will become a mainstream trend.

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