## A Study of College English Teaching based on the Theory of Applied Linguistics

### Jing HUANG

School of Foreign Studies, Yangtze University, Jingzhou, Hubei, 434023, China

**Abstract:** English is the common language in the world, and it plays an important role in the communication between countries. We have to learn English from primary school to university, so how to improve the English proficiency of college students should be guided by the theory of linguistics. Applied theory is widely used in various languages, especially in the study of English. Only by constantly innovating linguistic theory can college students learn English more easily.

Keywords: Applied linguistics; College english; Guidance

### **1. Introduction**

With more and more exchanges between countries, it is very important to master an international language. English is the most widely used language in international communication and plays an important role in international communication. As we have to consider is how to learn English, this is the most important thing. There are still some defects in English teaching and learning in our country, so if we want to improve our English, we must make a change in the way of teaching and learning. In this case, the theory of Applied Linguistics plays an important role in the reform of teaching and learning.

# 2. The Meaning and Development of Applied Linguistics

The theory of Applied Linguistics, which is a discipline to solve the problems in the life. The application of the language can help students learn a foreign language, at the same time, it can also provide teachers with correct foreign language teaching methods. Applied linguistics first appeared in the early nineteenth Century, when applied linguistics has not been well applied, so it gradually faded out of people's sight. It was not until twentieth Century that applied linguistics came into being again, and it was widely used in the practical teaching of various languages.

# **3.** The Application of Applied Language in College English Teaching

In the process of continuous development of the world, education is always the most important thing. Every country has its own language, and we know nothing about the language of other countries. Although many students have a strong talent in learning English, but there are still many students encounter many difficulties in learning English, and they could not find the right way of learning English, which makes the students in learning English very difficult. Therefore, the application of the theory of Applied Linguistics in English has become very important. First of all, the teacher must do lesson plan well. Teachers must develop appropriate teaching methods according to the students' English level, and understand the weak points and advantages of each student in English learning. Secondly, teachers must understand each student's interest in learning English. For example, some students need to learn by rote to consolidate their knowledge of English: some students use English listening, English video and English novels to consolidate their knowledge. Therefore, teachers must be based on the interests of each student to make the right guidance, so that each student can improve the English level. Finally, the teacher must constantly improve the teaching methods, which can make students like the subject of English.

### 3.1. Give full play to the role of teachers

English teachers play a leading role in English Teaching. English teachers must make more efforts in order to make it better applied to teaching. The teacher must continue to study the theory of linguistic knowledge, and design a more suitable teaching plan for students in English teaching design, which can improve the English level of every college student. In addition, the English level of English teachers is also very important. It is impossible for a teacher with a very low level of English to teach a good student, so every English teacher should keep on learning English and improve his English.

### 3.2. Small class teaching

Small class teaching is to classify the management of students with different English proficiency, and provide different English teaching. On the level of education in our country, each of our students' English level is uneven.

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Most of the students learn English in order to be admitted to a good university, and even some of the students are entirely dependent on the results of other disciplines to be admitted by the university. In response to this phenomenon, educators should organize the English proficiency test, including the written test, listening and speaking, and the results of each student into the class. Teachers should also be targeted for each student weak point of counseling, which can enable students to break through the bottleneck of English learning. This will enable each student to realize their lack of English, and to strengthen their own practice, which can enable students to improve the enthusiasm of learning English.

## **3.3.** Based on different students to develop different learning goals

As each student's English proficiency and learning ability is different, it can be seen that it is necessary for each student to develop different English learning goals. The development of different learning goals can make every student have a great interest in learning English, especially for some students with poor English proficiency. The development of different learning goals can greatly improve their enthusiasm for learning English, and the development of appropriate goals for those students with poor English proficiency is more important.

## 3.4. Overall planning of college students' English learning process

Because of the different majors chosen by different college students, the time for everyone to learn English is different, therefore, it is necessary for English teachers to make an overall plan for each student's learning process. Every student in the English class to learn the knowledge is limited, which requires teachers to plan the students' spare time. The knowledge in the textbook is mainly a guiding role, so if the students only use the classroom time to learn English, then the knowledge is very limited. English teachers must make a study plan for the students' spare time, and inform each student of the after class learning. This requires the English teachers to give students a correct guidance, which can improve the ability of each student's self-learning. In the spare time, the exchange of students can make each student find their own learning methods, but also can make each student's practical ability to use English is greatly improved.

### 3.5. Improve students' practical ability in English

Most students learn English only to cope with the exam, which has no real meaning. We should fundamentally change the psychological state, learning English is to better grasp of the language, so as to enhance their international communication ability, it can fundamentally improve their English level. However, most of the current English teaching focuses on the knowledge of textbooks, but the actual use of English communication. English teachers should require students to do a lot of oral English practice in the teaching process, and to provide Sheng English dialogue and communication environment. If you really want to do these things well, the teaching method of English will be changed a lot. English learning can not be used rote learning, we should listen to some English radio and English songs, which can improve our English listening level. And read some newspapers and English video can make our English more skilled, so this model can greatly improve the students' English learning ability, and make their own English learning ability has been greatly improved.

### 3.6. Improve students' learning enthusiasm

Each student must have good learning enthusiasm and interest in learning to learn English well. A student who has lost his enthusiasm and interest in learning, it is almost impossible for him to improve his English study. It is necessary for English teachers to have a good understanding of the interests of each student, and for each student to develop different ways of learning English. Teachers should be aware of the interests of students, and for each student to create their favorite English learning, which can improve the learning interest of each student to a certain extent. If they like the English language, then every student's enthusiasm for learning will be improved to some extent.

### 4. Conclusions

With more and more exchanges between countries, it is very important to master an international language. English is the most widely used language in international communication and plays an important role in international communication. As we have to consider is how to learn English, this is the most important thing. There are still some defects in English teaching and learning in our country, so if we want to improve our English, we must make a change in the way of teaching and learning. In this case, the theory of Applied Linguistics plays an important role in the reform of teaching and learning.

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