

Reflections on Improving College Students' Identity of Chinese Nation

From the Perspective of Practical Teaching of Ideological and Political Education in Colleges and Universities

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Abstract: The Chinese national identity is an important psychological basis for strengthening national unity and development and safeguarding the reunification of the motherland. Practical teaching is the innovation mode of ideological and political education in colleges and universities, and it is also an important way to enhance college students' identity of the Chinese nation. And enhance the contemporary Chinese students of the Chinese identity, this article from the perspective of practical teaching, put forward to enhance the three paths of college students' identity of the Chinese nation, to enhance the students' identity of the Chinese nation.

Keywords: practical teaching ; college students; Chinese national identity

1. The Importance of Cultivating College Students' Identity of the Chinese Nation

Contemporary college students are the reserve army of socialism with Chinese characteristics, and also the precious human resources for the development of our society. General Secretary Xi Jinping pointed out that promoting the Chinese nation's identity is of great significance to enhancing the unity, harmony and development of the Chinese nation. Therefore, it is the prerequisite for the great rejuvenation of the Chinese nation to enhance the college students' sense of identity of the Chinese nation. Is to promote the harmonious development of society requirements.

1.1. To cultivate college students' sense of identity of theirs conducive to enhancing the national sense of national responsibility and national pride

The 21st century is the information age, in the process of globalization, the world's different cultures of mutual integration, collision. And contemporary college students are in the three periods of the formation of a critical period, vulnerable to the impact of the external environment. Through the cultivation of college students in the Chinese national identity, to deepen the students on the Chinese nation, the traditional Chinese culture awareness, improve their consciously resist the national separatist forces, the strong ability of Western culture. So that college students a profound understanding of the Chinese culture, the culture of the Chinese nation as a common spiritual wealth of all ethnic groups, which will help enhance their confidence in the Chinese nation, self-esteem.

Therefore, the cultivation of college students in the Chinese identity, can make them in the subsequent study and life, with each other, and actively cooperate to stimulate national sentiment. At the same time, can also effectively ignite the patriotic enthusiasm of college students, enhance their sense of national responsibility and mission to enhance their national self-confidence and pride.

1.2. To cultivate college students' sense of identity of the is conducive to enhancing the national cohesion and centripetal force

China is a unified multi-ethnic country. From modern times to modern times, no matter what period, the reason why the Chinese nation can still survive in the world of forest, relying on national unity, national unity, self-improvement of the Chinese national spirit. Since the founding of new China, the party and the state through a series of ethnic policies, promote national unity and harmonious development. As the future of the nation, the hope of the nation is to cultivate the Chinese people's identity, so that they realize that they are part of the Chinese nation, can work for the country's overall interests, learn to face the different cultures of different nationalities. In the culture, religion, customs, mutual respect and mutual understanding. So as to enhance the pride and identity of the Chinese nation, enhance the cohesion and centripetal force of the Chinese nation,^[4] to promote the harmonious coexistence of all ethnic groups and the prosperity and development of the Chinese nation.

1.3. To cultivate college students' sense of identity of the is conducive to improving the students

consciously safeguard the reunification of the motherland

To maintain the reunification of the motherland is the most basic and important quality of the contemporary college students, to attach importance to and strengthen the quality education of the contemporary college students, and to strengthen the education of the Chinese nation. Cultivating college students' identity of the Chinese nation can improve their ideological consciousness that loves the motherland, loves the nation, opposes the national division and maintains the national unity. It can make the students understand the relationship between the individual and the motherland correctly, and make clear that the individual will maintain the reunification of the motherland and realize the great rejuvenation of the Chinese nation. Should bear the historical responsibility. It is an important means to cultivate college students' sense of identity of the Chinese nation, which is an important means to resist the interference of foreign ideology. It is the important way for contemporary college students to form the correct national view and national view and consciously regard the historical task of realizing the great rejuvenation of the Chinese nation. To sum up, it is of great significance to improve the Chinese people's identity of contemporary college students in our country, and to improve the consciousness of national unity and safeguarding the reunification of our motherland.

2. The Use of Ideological and Political Education Practice Teaching to Enhance the Needs of College Students in the Sense of Identity

As the main position of ideological education, the ideological and political theory course is the main channel of college students' ideological education, and practical teaching is the important innovation of ideological and political theory course in colleges and universities. Through the ideological and political education practice teaching, to promote college students to actively participate in social practice, and in practice to understand and understand the Chinese national identity, improve the persuasiveness of theoretical knowledge to help students consciously enhance the identity of the Chinese people.

2.1. Practical teaching is to enhance the college students of the Chinese nation's inevitable requirement

In the reform and opening up today, China's ethnic education in China is also facing many problems and challenges, of which Taiwan independence, Hong Kong independence, Xinjiang independence, Tibet independence and other ethnic separatists in the Western hostile forces, inspired by national contradictions, trying to split China

Ethnic groups, in order to meet these challenges, we must further strengthen the education of the Chinese people of the Chinese nation. The ideological and political theory course of our country plays an important role in the formation of modern college students' world outlook, outlook on life and values. If the ideological and political theory course is only a simple theory of indoctrination, it is easy for students to produce boring and poor learning experience, so the party and the central government has always stressed the importance of theoretical connection with the theory to the reality as a guiding ideology of ideological and political education, Reform and Innovation of Ideological and Political Theory Course in Colleges and Universities. In recent years, ideological and political education in our country has been a breakthrough, from the classroom to society, from the theory of indoctrination to social practice, pay attention to cultivate the social practice of college students, strengthen the national consciousness of college students. In the economic globalization today, the different cultures of different countries in the world quickly blended in our country, and some capitalist countries use the network, film and television, music, etc., on our college students culture and values of erosion, the students of the Chinese national identity produced a Big influence. Therefore, the ideological and political theory course should not only deepen the college students' understanding of the education of the Chinese nation, but also enhance their identity to the Chinese nation. Not only should we focus on the integration of ideological and political education and socialist mainstream ideology, Teaching and the fine culture of the Chinese nation. And strive to enhance the ideological and political education of the inspiration, influence; to enhance the ideological and political education of the vivid and effective; so that students in the practice of teaching in person, personal experience, the Chinese national spirit in the heart, so as to enhance its China National identity.

2.2. Practical teaching is an effective means to enhance college students' identity of the Chinese nation

The Ministry of Education on "further strengthen and improve the social practice of college students in the views of" clearly pointed out that "the practice of teaching as an important part of classroom teaching and consolidate the important part of theoretical teaching, so that students participate in the practice of teaching the process, a profound experience It embodies the achievements of human civilization in various courses, promotes the national spirit, embodies the scientific spirit, reveals the content of the essence of things, and fosters the innovative spirit and practical ability of college students.^[1] In today's pluralistic unity,^[2] the ideological and political education of college students not only need to indoctrinate

nate, but also the use of practical teaching, ideological and political education content from the virtual reality. As the predecessors have a cloud: "See you better." In the more important description of the importance of practice. The Chinese national identity is an important part of realizing the Chinese dream and realizing the great rejuvenation of the Chinese nation. It is an important foundation for national unity, social harmony and national reunification. It is the formation and development of the Chinese nation in the long-term social practice and finally serves the practical activities of. The practice teaching of ideological and political education in colleges and universities has solved the problem of national cognition of contemporary college students, not only requires college students to do unity of knowledge and practice, but also requires them to combine theoretical knowledge and social practice.^[3] Practical teaching is an effective means to improve the overall quality of college students, promote the comprehensive development of college students, and enhance the college students' identity of the Chinese nation.

2.3. The use of practical teaching to enhance college students Chinese identity is an important task of colleges and universities

Xi Jinping in December 2016 the National College ideological and political work conference pointed out: "Our university is under the leadership of the party colleges and universities, is the Chinese characteristics of socialism colleges and universities. China has a unique history, unique culture, unique national conditions It is necessary to adhere to the guidance of Marxism as a guide and comprehensively carry out the party's education policy. To achieve the great rejuvenation and education of the Chinese nation, we must continue to carry out the great education and education of the Chinese nation. The status and role cannot be ignored."^[4] China's colleges and universities is a socialism with Chinese characteristics, colleges and universities ideological and political education is the cause of the construction of social services, knowledge and cultural heritage of innovation base. The realization of Chinese dream not only requires the ideological and political education in colleges and universities to strengthen the cultivation of the socialist concept of college students, but also to enhance their education of the Chinese nation, national consciousness and so on. So that modern college students to promote national unity, safeguarding the backbone of the reunification of the motherland.

Colleges and universities should actively assume their own responsibility, establish the correct concept of running a school, so that students in school life can be aware of their own historical task. Through practical activities, college students can strengthen communication with the community, so that students realize that China has al-

ways been a unified multi-ethnic state, 56 ethnic groups are indispensable, each nation is part of the Chinese nation, Society, the love of the motherland, feel the rich and colorful Chinese people, and enhance their sense of identity of the Chinese nation. Strengthen the cultivation of Chinese national identity, improve the identity of the Chinese people's identity, protect the socialist construction successor, to achieve the great rejuvenation of the Chinese nation.

2.4. The use of practical teaching to enhance college students' sense of identity is the need for healthy growth of college students

The rapid development of modern society, college students is a special group to accept the national higher education, is the forefront of social thought of beach-goers, they have personality, a dream, dynamic. However, due to lack of social experience of college students, there are different levels of doubts about social development. Coupled with the impact of the external environment, it is easy for the future, life into confusion, so that the lack of social responsibility. And contemporary individual college students also exist national emotional indifference, national pride, loss of self-esteem, historical nihilism serious, distorted values and other issues. In this context, only in college students in their scientific guidance, the use of practical teaching model to guide them to establish a patriotism as the core of the national spirit and to reform and innovation as the core of the spirit of the times to enhance the national pride of college students, Self-esteem, self-confidence, to stimulate their national enthusiasm. In the practical experience of teaching practice in colleges and universities to help students clear doubts, change the wrong understanding, so that they can learn in their daily life by the strong spirit of the Chinese nation to promote the formation of a healthy personality, and consciously improve the overall quality of individuals, thereby promoting its grow healthy.

In today's society, China is in the "two hundred years" strategic opportunity period, is entering a comprehensive period of a well-off society. During this period, to strengthen the college students of the Chinese national identity cultivation, to promote the rapid and stable development of our society is of great significance.

3.The Practice of Teaching to Enhance College Students in the Chinese Identity of the Path of Choice

Through the above analysis we understand the importance of enhancing the identity of the Chinese people in our country and the necessity of using practical teaching to enhance the identity of the Chinese nation. At the same time, based on the current society, the complexity of the international environment, to enhance the identity of col-

lege students in China is imminent. To educate college students on the Chinese nation, we must take full account of the unique personality and behavior of modern and contemporary college students in the large system of the party and the state. To this end, we seek practical ways and methods.

3.1. Extensively carry out social practice activities, broaden the horizons of college students' identity of the Chinese nation

To carry out social practice activities, students can make the Chinese nation recognized education from the classroom extended to the community. Colleges and universities can organize college students to carry out a wide range of social practice service activities. First of all, you can in the summer vacation and other holidays during the "three to the countryside" activities, the actual use of culture, science and technology, health and other projects to the countryside. In the "three to the countryside" period, to enhance the sense of responsibility of college students to make it understand the fine traditional Chinese culture, thereby strengthening the Chinese national identity. Second, colleges and universities in the weekend, the course of learning to organize college students to the surrounding communities, primary and secondary schools, homes for the elderly, special education schools, ethnic minority settlements, ethnic enterprises and other places for daily compulsory service and work-study activities. The use of professional skills to the people of convenience services, technical services, such as obligation to explain. These activities are conducive to cultivating college students to help others, willing to sacrifice the national spirit. Then, the school can be carried out by visiting the old party members, revolutionary fighters, celebrity masters of the social survey to help college students within the Chinese national identity. In short, the practice of teaching in colleges and universities can be based on individual circumstances, to take a variety of teaching methods. To play the advantages of practical teaching, broaden the college students on the Chinese nation recognized the vision of education, so that students in the course of practical activities, and social contact, enhance the identity of the Chinese nation, to achieve unity of knowledge and practice.

3.2. Positive integration of social red resources, the construction of college students to identify the platform of the Chinese nation

China's red resources are very rich, in the practice of teaching, whether it is to listen to the red story, see the red film, sing the red song, or experience the Red Army life are college students personally involved, personal experience of the Chinese culture, history. Not only in this way, colleges and universities can also actively integrate social resources, and the surrounding areas of red

resources to form educational practice base, organization of college students in the red practice base for learning, visits, research and other activities to cultivate college students patriotic feelings, carry forward the spirit of the Chinese nation. Subsequently, college students through salons, reports, exchanges, etc., to show their own in practice to share the harvest. Colleges and universities should improve their understanding of practical teaching, constantly enrich and innovate the form and content of practical teaching, make full use of the country's red resources, mobilize all the positive factors, the red resources to practice teaching. Pay attention to the practical effect of ideological and political education practice teaching, so that college students through personal experience of red practice, thinking about the profound connotation of the Chinese nation to enhance the students' self-confidence and pride of the Chinese nation, to improve the platform for college students to identify the Chinese nation.

3.3. Make full use of national festivals, and enhance the awareness of college students in the Chinese nation

Practical teaching can make full use of traditional Chinese festivals such as Qing Ming, Dragon Boat Festival and Mid-Autumn festival, and guide college students to understand the historical customs, traditional virtues and national spirits of the Chinese nation. We can also use the National Day, the founding party, the war of resistance against Japan and other important festivals Day to the students of patriotism, national awareness of education; even through major national events, such as the Beijing Olympic Games, the Shanghai World Expo, the Guangzhou Asian Games, to stimulate college students' national self-confidence and national pride. Traditional festivals, important anniversaries, and major events are valuable resources for the practical teaching of ideological and political education in colleges and universities. Colleges and universities should take advantage of the combination of Chinese national identity and practice teaching to improve the love of the motherland, the nation and the people. College students revive the sense of mission of the Chinese nation, to enhance the identity of the Chinese people's identity, so that students actively into the socialist construction.

4. Conclusions

To sum up, the practice is subjective to the objective activities, the subjective thinking and behavior of college students, only in practice can be effectively combined, and interaction, mutual influence. It is an important way to improve the self-esteem of the Chinese nation and the Chinese nation's self-esteem. It is an effective means to safeguard the reunification of the motherland and to realize the great rejuvenation of the Chinese nation. Through

the ideological and political education practice teaching, to give college students more practice space. Youth strong national strong, strong national education strong. College students are the builder of the prosperity and prosperity of the motherland. We must make full use of the ideological and political practice teaching mode of colleges and universities to help the students establish the correct view of the nation and make them become qualified successors of socialism with Chinese characteristics.

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