

# Research on Teaching of College English

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**Abstract:** Reading teaching is a series of teaching behavior for English education workers to make students have rapid and efficient reading ability. Each English teacher must study the requirements of outline in-depth. Developing strong reading skills as a first-level teaching objectives, enhance other skills development and training.

**Keywords:** Reading teaching; Reading method; Reading skills

## 1. Introduction

Reading is a communicative act, and integration between human language and interpersonal skills. In order to directly obtain the required information, you must use the knowledge of language, using a variety of reading skills, to judge, inference, identify discourse bearer views and information, and make estimates to these ideas and information. This reading activity is undoubtedly a communicative activity between readers and authors. In modern society, a wide range of sources of information, and reading is the main access to information. The aim to learning any language is communication, as to the learner, the examination is the means, and communication is the goal. In CET questions, reading accounted for a large score, therefore, reading account for a very important position in English learning. The main problem which discussed in this paper is how to improve reading skills.

## 2. Several Methods of Reading

Reading is generally divided into intensive reading, extensive reading, skimming and scanning. Different ways in reading have different requirements on readers.

**Intensive reading.** Ask students to read all language materials without omission, and have deep and comprehensive understanding full article. In the intensive textbooks, students should carefully understand of vocabulary, grammar, sentence and notes after each lesson.

**Extensive reading.** Also known as ordinary reading, ask students to understand the text. Students should have a clear understanding of the main idea, main ideas, secondary information and the author's point of view of the full text. Students only have general reasoning and summarized for the full text, without details of the study issues and explore grammar. But the reading speed of extensive reading should be double the rate of intensive reading.

**Skimming reading** is a view reading that students should read reading materials in his fastest ability. Skim reading just jump to read the main part. The main part of the text

generally refers to the first paragraph, last paragraph, and the middle section of convergence. Because the first paragraph is generally full overview, the last paragraph is the summary of the text; and the middle section is generally convergence context in paragraph or a progressive relationship, transition between causality. The purpose is to obtain the central idea and the main content of the full text. In general, the speed of skimming should be faster than extensive reading.

**Scanning** refers to a purposeful reading to look individual data. Finding thematic information in particular language materials, such as data and information in general examination, Students can first look at the issues raised, specifically the required information, the use of this method is the most efficient reading.

## 3. The Reading Skills

1. Pay importance to a verb and to improve the ability to identify words. In English, the composition of tense and voice in sentences are relying on the verb. The verb can be inferred through the sentence subject, the main access to information, and then according to the number of terms to obtain a sentence to the effect. Especially in the reading exam, in order to gain time to improve the speed, you need to look concerned and the main verb nouns; you can get the main message.

2. Browse mentioned problems and improve the skills of looking for specific information. In general, the author grouped together through certain linguistic means, the scattered, detail, specific materials by the author's intentions and according to their own mode of thinking. In training or testing, the proposition people often use a variety of ways to ask questions, there is both direct and indirect, but in any case, the basic proposition scope and ideas consistent with the author. The reader must first find out the requirements of the problem, the problem with the information needed to make inquiries and to improve reading speed.

3. Expand knowledge, improve skills guessing unknown words. Linguist to guess the word meaning enlightenment approach summarized as defined method, the parity law, the antisense method, Hyponymy other methods. However, these methods are inseparable from the two elements, the first is the reader's own cultural enrichment, both language and cultural qualities. Followed one is the global capacity of the individual to see through. This requires the reader to continue to expand their knowledge, know how social, astronomy, geography, finance, sports and other scientific knowledge. In addition, students can guess the meaning of a word or a paragraph to the effect through contextual links.

4. Overcome poor reading habits, improve reading speed. First, avoid the word as fixation point, according to the Italian group to read, so that it meets the eye and brain coordination. Secondly, avoid reading aloud. Reading aloud is actually muttering to put each word read out. The speaking speed of Western people is 150w/pm, while reading speed is 250w/pm. In addition, to avoid heart reading, mind reading is actually also a sound-readable form, but there is no sound, can not see his lips peristalsis, and perhaps did not use the vocal organs, but in his heart to imagine each word pronounced, there is a kind of inner in the form of talking. Reading is to realize a visual process, depending on the rotation of the eye brain, from left to right to obtain information coordination.

#### **4. The Training of Teaching Reading and Communicative**

This concept of communicative competence is firstly outcomed by the American anthropologist and social linguist Hymes in the sixties. In early eighties, Canal and Swain pointed the famous warm communicative competence model that communicative competence includes four aspects: (1) grammatical competence. Refers to the characteristics and rules of language mastery, including vocabulary, morphology, syntax, spelling and semantics, etc.; grammatical competence emphasize proper understanding and expression literal meaning of the statement required knowledge and skills. (2) Social language skills. Including social and cultural rules of language using. (3) Words or discourse competence. Namely, how to make a complete discourse combine between grammatical forms and meanings constitute. (4) Communication strategies ability to cope with communication difficulties those systemic skills. Now, foreign languages communicative competence refers to the sector is generally believed that, in the discourse on the appropriate level of dignity and use a variety of language skills, acquire or express information.

The purpose of reading instruction is to train students to use English ability to access information, but the process always involves the teaching of reading the above (2) and (4) the relevant knowledge and ability. In the five Eng-

lish language skills (listening, speaking, reading, writing and translation) of teaching, reading instruction and training for the development of the role of communicative competence can be said that the maximum in achieving the ultimate goal of teaching English is also the max role.

#### **5. The Status of Teaching Reading in the Whole English Teaching Activities**

The purpose of English class type setting is to develop listening, speaking, reading, writing and translating the skills for. Therefore, resulting in a so-called / Listening / Conversation classes / reading courses (including intensive reading, extensive reading and fast reading lessons), / writing courses and / translation classes, and other types. Since college English teaching hours are extremely limited, many institutions only offered set of listening, speaking, reading, and writing and translation skills development in a variety of / English integrated skills class. Have to listen, speak into / listening and speaking, the reading, writing and translation into / intensive reading, making it a special class type. Put / listening, speaking, and / reading, writing and translation respectively as the two big lesson type, is desirable. But whether it is a comprehensive lesson or / merge classes, can not be ignored outline the requirements for the position of reading instruction, as well as the quality and quantity of reading requirements.

The outline has made various regulations and instructions for the teaching of reading in the entire English teaching position. The text in the outline so provides instructional purposes in science and engineering college English teaching aims to develop students with strong reading skills, a certain ability to listen and translation as well as the initial writing and speaking abilities. Students strong reading skills is both the purpose of college English teaching, but also the core of teaching in English, thus establishing the teaching of reading in the entire English teaching core position. Again, when it comes to importance of core language teaching, said that the main purpose of college English teaching is to develop the ability to read about professional publications, in interpreting English teaching how to correctly handle reading and listening, writing and speaking of the relationship, pointed out that students have strong reading skills is the main goal of college English teaching, emphasizing college English class hours limited, listening, writing and speaking requirements should be appropriate and cannot be divorced from reality. So, the core of teaching reading is beyond doubt.

#### **Conclusion**

In summary, reading training has a very important role in college English teaching. Every English teacher should take cultivate strong reading skills as a first-level teaching objectives, emphasis on reading, researching ways to make English teaching and learning into a new realm.

**References**

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