

Research on the Construction of General Education Curriculum System and the Improvement Path of College Students' Humanistic Quality

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Abstract: China's general education still has the following problems: the traditional exam-oriented education concept hinders its development; Colleges and universities don't pay enough attention to it, lack of systematic general education curriculum system; Teachers lack of general education knowledge; The role of college counselors has not been really played; Schools neglect the development and construction of implicit general education curriculum. It's necessary to change the original assessment method based on scores and purify the social atmosphere. Colleges and universities should pay more attention to the curriculum system of general education and establish a scientific and reasonable curriculum system. Teachers set a good example to improve their humanistic quality; Improve the quality of counselors, to do a good job in guiding college students' life; The school strengthens the development of implicit general education curriculum.

Keywords: College students; General education; The humanities

1. Introduction

As an important part of higher education, the curriculum system of general education is also the important way to improve the humanistic quality of college students. General education can be divided into broad and narrow senses. In a broad sense, general education aims to cultivate "holistic person", which not only has perfect knowledge system, superb technology, unique aesthetic, sound personality and healthy psychology, but also has a strong sense of social responsibility, strong patriotic enthusiasm and international vision. In a narrow sense, it is mainly different from vocational education and technical education [1]. Through the systematic learning of knowledge, enrich its connotation, shape its spiritual world, purify its soul, so as to improve its humanistic quality. The enrichment and improvement of humanistic quality is mainly carried by general education, which is closely related to the improvement of humanistic quality and of great significance to individuals, countries and enterprises.

1.1. For personal development

general education can more effectively prevent students dine, can learn science & engineering students humanities classes, liberal arts students can learn science classes [2], and social needs are "generalist" rather than "know-how", students should abandon the utilitarian and practi-

cal ideas, improve their cultural literacy, thus improve their innovation.

1.2. For the country

Whether it is "moral, intellectual, physical, aesthetic and labor" all-round development of quality education, collectivism, patriotism, socialist education, or education concept of both political integrity and talent, all belong to the category of general education. General education is also the way to realize quality education. When national interests and personal interests conflict, one can choose national interests. National identity is an indispensable part of realizing the great rejuvenation of the Chinese nation. In the face of the impact of foreign culture, good and bad, can have the ability to distinguish right from wrong, support and carry forward the excellent traditional Chinese culture, rather than drift with the tide.

1.3. For enterprises

The current international competition boils down to the competition of talents and science and technology, and the survival and development of enterprises also need to rely on talents, science and technology. "Talent" is not only proficient in a certain field, but also should have independent personality and free thought, so as to achieve "freedom of thought, compatibility and inclusiveness", so as to achieve sustainable development in

learning, practice and innovation, finally bring advanced concepts and products to enterprises.

2. Current Situation of College Students' General Education Curriculum System and Humanistic Quality

2.1. The traditional exam-oriented education thought hinders the development of general education

The traditional "only scores theory" has seriously hindered the development of general education. In the learning process, no matter students, parents, teachers or schools all pay attention to the improvement of test scores and are tired of dealing with the test subjects. They seriously ignore the contents outside the test subjects and even think that learning of other contents will hinder the improvement of their scores. So students are frequently brush questions, and become a test tool, comprehensive development is not to mention. After entering university, some students even lower self requirement, addicted to the game, lack of the continuity of learning. And a week before the exam to assault, even think that has nothing to do with their own professional learning, learning curriculum is a kind of form, will only professional class exam as the main goal of learning, lack of autonomous learning consciousness and initiative.

2.2. Colleges and universities don't pay enough attention to the general education curriculum and lack a systematic general education curriculum system

The general education courses which offered by the school are divided into compulsory courses, elective courses and restricted courses. The school lists the ideological and political general education courses stipulated by the ministry of education as compulsory courses, such as the situation and policy, policies of modern and contemporary Chinese history. Other general education courses are offered through elective courses, where students can choose according to their interests. Most courses offered by the school are related to students' majors, and general education courses are chosen by students independently. Although there are many kinds of courses and they cover a wide range, the specific implementation of general education courses will inevitably lead to a lack of systematic and comprehensive conditions. In addition, in the process of education and teaching, in order to improve the employment rate, the school mainly focuses on professional education and technical education, with strong utility and applicability. On the whole, in addition to emphasizing the cultivation of political literacy, colleges and universities have neglected the improvement of students' systematic knowledge learning and humanistic literacy.

2.3. Teachers lack of general education knowledge

Currently, there exist many problems, the development of general education teacher itself from the general education is inadequate, plus the teacher evaluation in colleges and universities are mainly concentrated in scientific research, the number of papers published and the hierarchy of levels, number of monographs and press, so teachers will more effort on research and neglect humanities cultivated manners of ourselves and general content to learn and improve. As a result, teachers lack a systematic general knowledge and the knowledge taught to students is limited.

2.4. The role of college counselors has not really been played

College counselors shoulder the leading role of ideological and political construction and correct values of students; Correct guidance and consultation are given to students' mental health, and ideal and belief education is actively carried out. However, some counselors lack corresponding qualities, making it difficult to give positive and correct guidance to college students. And it is difficult to timely detect the psychological problems of college students, and the counselor engaged in administrative work at ordinary times, difficult to attention to each student in the class, and for students' ideological and political education work generally concentrated in the school and before the holiday, can't play the role of its coherence.

2.5. Schools neglect the development and construction of implicit general education curriculum

General education courses include explicit courses and recessive courses. compulsory courses, elective courses and restricted courses are explicit courses. Hidden curriculum is full of all aspects of student life, which exists in the form of material, organization, system, relationship, spirit and material form [3]. Many colleges and universities neglect the construction of campus environment, school management system, students' social practice activities, study style, school style and other aspects, but little do they realize that this has a subtle influence on the construction of students' correct values.

3. Suggestions on the Construction of General Education Curriculum System and Improvement of Humanistic Quality

3.1. Change the original assessment method based on scores and purify the social atmosphere

In the course assessment, we should pay attention to the development of "morality, intelligence, physical, beauty and labor", vigorously publicize and carry forward general education, so as to make the public understand the importance of general education, abandon money worship, hedonism thoughts, and learn more love, less utili-

tarian. Whether it is society, school or family, all should create a good learning atmosphere for students.

3.2. Universities should pay more attention to the general education curriculum system and establish a scientific and reasonable curriculum system

Schools should reasonably set the proportion of all kinds of courses [4], break down discipline barriers and establish intersections among various subjects, so as to achieve mastery of what they have learned. Give play to the leading role of the curriculum, cultivate students' wide interests and hobbies, change the original wrong idea of improving employment rate, learn from the advanced general education curriculum concept of foreign countries, and combine with China's national conditions, realize the nature of general education, no longer stick to the form. The general education curriculum management system is established, and set up the management team. The general education curriculum is opened through questionnaire survey, student representative forum and other forms to widely understand the students' wishes, the general education curriculum is opened targeted, improve the general education curriculum system.

3.3. Teachers should set good examples to improve their humanistic quality

A teacher with a wealth of knowledge in the classroom can talk freely, lead students into each new field and world, can broaden their horizon, so as to establish a lofty ideal, affect students to become adults and talents. Therefore, it is very important for teachers to improve their humanistic quality, and teachers should take a more active attitude to lead students to study general education courses, update the previous concepts, enrich the original knowledge system, and improve their own educational and teaching abilities.

3.4. Improve the quality of counselors themselves, and do a good job as a guide for college students

Schools regularly carry out training courses to improve the quality of counselors so that they can play a more direct role in helping college students establish correct

values. Counselors should clear their responsibilities, improve their sense of responsibility, pay attention to each student's learning, life and mental status, talking with students, held a class meeting, to carry out the activities regularly, in order to play the coherent function of ideological and political education to the student, make them realize that study general courses, the importance of improve their cultural literacy.

3.5. The school strengthens the development of hidden curriculum of general education

Optimize the campus environment to create a good learning environment for students; Strengthen the cultural construction of the school, strengthen the construction of propaganda slogans and cultural display boards, cultivate students' patriotic feelings; Actively carry out social practice activities, go deep into the community and nature, improve the universality of students' participation, so as to improve students' ability to communicate and cooperate with others and enhance team creativity. Establish a fair and reasonable campus management system to enable students to follow the school rules and strengthen their ability to distinguish right from wrong; Create a good school atmosphere, style of study, so that students set up correct values.

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