

# Construction of the Legal Sports Competition Order under Legal Guarantee

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**Abstract:** On August 8, 2008, the 29th Olympic Games, which attracted the attention of the world, was held in Beijing, China. Sports competition is developing continuously in the contemporary era, which annotates the Olympic spirit. Under the era and pattern of increasingly diversified sports, the construction of sports competition order has begun a new chapter. The law is a powerful weapon to guarantee the legal sports competition order. The construction of the legal sports competition order can mainly rely on the continuous improvement of the legal system, the popularization of sports competition rules and the improvement of the quality of sports players.

**Keywords:** Law; Sports competition; Construction

## 1. Introduction

The law is the basis and guarantee for a country to survive and develop. A system without legal guarantees is not a perfect system. A nation without legal guarantees is a nation full of dangers. The law runs through all aspects of national and social development. In the development of sports, the construction of sports competition order is more important than before. Therefore, the construction of the legal sports competition order under the legal guarantee is becoming more and more important. The author mainly analyzes the construction method of the legal sports competition order under the legal guarantee system from three aspects, which are the continuous improvement of the legal system, the popularization of sports competition rules and the improvement of the quality of sports players.

## 2. Continuous Improvement of the Legal System

The premise of abiding by the law is law. However, from the current situation, China's legal system is still not perfect, which leads to many loopholes after the occurrence of many cases, but also gives many criminals a chance to take advantage of. The importance of the legal system is very obvious. It is the basic criterion that a country or even an enterprise should follow in its survival and development.

Sports is not only the reflection of a country's soft power, but also an indispensable and important part of a country and a nation. A strong sport makes a strong country, while a weak sport makes a weak country. Sports were popular in ancient Western countries. Athens and Sparta, the two ancient civilizations, became very popular

because of the popularity of sports. With the continuous development of the times, sports has become a more indispensable part of daily life. Physical education has become a compulsory course in the curriculum of primary and secondary schools and universities. The state advocates the all-round development of students' morality, intelligence, physical fitness, beauty and labor. Without the perfection and protection of the law, such an important sporting age may no longer exist<sup>1</sup>. However, how should relevant laws and regulations be regulated? The author believes that it can start from the following three aspects:

Firstly, the makers of relevant laws and regulations should have a deep understanding of the rules of sports competitions and combine sports with law. Although most of the makers of laws and regulations are people who are engaged in law, they don't know much about sports. Based on this, they should arrange some staff to learn more about sports and apply the sports they know to the law, and formulate laws and regulations for the proper sports competition order according to the actual situation. Only in this way can we effectively apply effective laws to sports and create a legal and efficient sports order.

Secondly, people engaged in sports should learn relevant laws and regulations. The law's maintenance of itself is based on its own strength, and law is compulsory. Therefore, people engaged in sports should understand the law, use the law, propaganda law, and promote more people in this industry to understand the law, protect the law and use it.

Thirdly, people engaged in relevant laws and people engaged in sports should be united. Because the completion of this task involves these two aspects.

Although our own efforts are important, we should not neglect the external forces. Although those who are engaged in law are proficient in their own fields, they will inevitably be negligent when they face sports order. Therefore, they should combine their own expertise with the strengths of others. The same is true of people engaged in sports. Combining the two organically into an inseparable part can achieve the desired results. Only in this way can we really let the law maintain order for sports and achieve the fairness of procedure.

### **3. Popularization of Sports Competition Rules**

Although the rules of sports competition seem to be far away from the ordinary people, it is undeniable that many people in life are sports participants. This kind of competition, including standardized and strict competitive sports and amateur sports that are more common in life, requires a good operational order. The maintenance of this order requires the relevant personnel and other social personnel to understand the system and regulations. Sometimes participants do not necessarily need to actively learn and master these systems and regulations. In this case, the popularity of sports competition rules is particularly important<sup>2</sup>. This popularity is extremely significant and involves a wide range of topics, including the popularity of amateurs and the popularity of groups engaged in sports.

The first is the popularity of competitive sports groups. The competitive sports group is people who specializes in sports, that is, a professional group. Their understanding of sports rules exceeds the general group in depth and breadth. Therefore, the popularity for them is also deeper and wider. In view of the popularity of such people, special curriculum standards should be formulated as their compulsory courses, and regular or irregular inspections should be carried out. Other forms of examination can be carried out, and some of them can be eliminated when necessary for internal optimization. Because of the characteristics of this industry, the maintenance of professional order has always been a puzzling and difficult problem to solve. Such a more stressful way can really improve the order of sports. On the other hand, there are other ways. Because people engaged in sports usually have a large amount of exercise, these people can learn through movies and television and other ways after training. This approach is softer than the previous one. They can also be combined. Under the joint action of tough measures and gentle ways, it promotes sports players to jointly build the legal sports competition order.

The second is the popularization of sports rules for amateurs. The popularization of sports rules for amateurs seems simple, and is not as strict as that of competitive sports. However, if we want to achieve the desired results, the pressure is not small. On the one hand, this group is

composed of groups from all walks of life. They don't know much about sports, so it is very difficult to popularize. On the other hand, the number of this group is greatly increased compared with the number of people engaged in competitive sports, and the population in all ages is involved. In the process of popularization, tremendous pressure is also evident.

Finally, it is the popularization of sports rules for other social groups. It seems that other social groups are not involved in it, but they also need a simple education. Because other groups in society may become rule breakers. For example, some members of a family may be engaged in sports and understand the rules of sports, while others may become rule breakers.

### **4. Construction of Sports Competition Order**

The author believes that the construction of the legal sports competition order under legal protection mainly includes the following aspects:

Firstly, sports is a way to benefit physical and mental health. Therefore, sports should be popularized throughout the country. Nowadays, the advocacy of sports is increasing day by day, but the effect after its advocacy is often unsatisfactory. Therefore, the following popularity should be further strengthened. Sports for all, this way has no connection with the maintenance of sports competition order in the short term<sup>3</sup>. However, with the development of time, the order of sports competition in the subconscious of the masses will be greatly improved compared with the past. The way to compete is diverse, including formal competition and informal competition. As the popularity increases, the difficulty of building a competitive order will be greatly reduced. Under the protection of the law, the construction of the legal sports competition order will also be completed. In the process of popularization, we need to pay attention to the relevant methods and techniques, because each person's acceptance of sports is different. Some people like sports, while others don't like sports. In addition to personal factors, external factors are also very necessary for the cultivation of interest. If the way of propaganda is inappropriate, it is easy to cause the resistance of the propagandists, which will be counterproductive. Even under the protection of the law, it is still difficult to achieve the desired results. The protection of the law cannot be accomplished overnight, and it is impossible to bring the people to justice at will. Therefore, the way of propaganda is very important. When necessary, relevant departments can also strengthen their investment in the maintenance of sports competition order. It is also a good and effective way to make people accept it imperceptibly by giving some small gifts.

Secondly, under the protection of the law, most people should also be allowed to recognize their laws and

regulations on the legal sports competition order. The formulation of this law and regulation should be based on the opinions and requirements of the people. Without actual investigation, there would be no real right to speak. Therefore, the formulation of the important contents of the law should also follow and conform to the opinions and requirements of the people. Of course, due to the differences of social groups and their identities and status, the interests of each person and the opinions and suggestions he put forward are also different. On the basis of widely listening to the opinions of the people, we should learn to discriminate. Those opinions which conform to the interests of the public, are justified and reasonable, and should be developed into the will and requirements of the state. Those opinions and suggestions that are self-interest-centered should be retained and explained to the people when necessary. On the one hand, it also meets the requirements of the people; on the other hand, it also protects the people's right to understand, which can keep close contact with the people. The reason why I put forward the opinions and demands that can meet the majority of the people is that China is a big country with a large population, and it is almost impossible for everyone to satisfy the same legal provisions at the same time. Because of this, China's voting method has always been that the minority is subordinate to the majority. The construction of legal sports competition mode under legal protection is no exception.

Finally, the construction of the legal sports competition order should also increase the punishment for those who break the order. The law is the criterion of restraining people's behavior. The reason why some lawbreakers do not pay attention to the law and destroy the law at will also shows that the punishment of the law needs to be further strengthened to some extent. On the one hand, it helps the criminals to realize the power of the law; on the other hand, it can also promote the observance of the law by the whole society, so that the legal sports competition order can exert greater value and effectiveness under the protection of the law.

Increasing the punishment of criminals does not mean maintaining the maintenance of the sports order; on the contrary, it can achieve the effect of punishing one to warn one hundred. This measure can have a great effect. Therefore, this is also an effective measure and method to build the legal sports competition order.

Under the premise of legal protection, the construction of the legal sports competition order can't be achieved overnight, but its future is bright, full of unlimited hope and charm. Sports is an art, and legal sports is a belief, but also a driving force for the healthy and sustainable development of sports. The legal guarantee requires the people to constantly learn to abide by the law, protect the law, use it, and let the law truly serve the people. The healthy development of any business is inseparable from

the law. In the process of building the legal sports competition order, the law is indispensable and a powerful driving force for its survival and healthy development.

## 5. Conclusion

The Constitution is a fundamental law of the country, and the law is also an indispensable part of the state's governance and security. Under the legal guarantee, the maintenance of the legal sports competition order is an important way to ensure the healthy development of sports. In the process, the maintenance of the legal sports competition order will burst out new vitality and charm with the continuous improvement of the law. Law is the cornerstone in the historical development, but also a bright pearl in the long history of development. The law should serve the development of sports, the construction of sports order and the construction of the legal sports competition order. In the process, the law will burst out a new spark of charm. Under the legal guarantee, in the process of maintaining the legal sports competition order, adopting the correct methods and measures will help to achieve the desired better results.

## 6. Acknowledgment

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