

A Study on the Cultivation of University Students' hard Struggle Spirit

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Abstract: In modern society, the overall trend of university students' idea development is positive and healthy. As a builder and successor of future, we must place a high premium on cultivating the university students' hard struggle spirit, vigorously launch educational activities, which make the spirit prevalent among colleges.

Keywords: University students; Hard struggle spirit

1. Introduction

In recent years, the overall trend of university students' idea development is positive and healthy. However, when confronting strains and barriers, Small part of students appear to show the lack of will and spirit. Thereof, strengthening university students' hard struggle spirit is not only a call, but also a task of ideological and education.

2. The Necessity and Urgency of Cultivation of University Students' hard Struggle Spirit

The new era of hard struggle spirit is consists of material and ideology. From the perspective of material, university students are advised to study the fine traditional virtues of hard work. Besides, in daily life, university students should cherish social wealth, apply the knowledge to create more prospect, overcome the obstacles and achieve their own value; From the perspective of ideology, when we are on the way to pursue our own dreams and transformer the objective world, we had better promote hard struggle spirit, and regard it as a guiling light to encourage us move forward. It is a spirit of resilience, bravery; it is a spirit of persistence confronted with defeats and barriers; it is a spirit of generosity and positive. Hard struggle spirit is the traditional virtue of Chinese nation. The history show that hard struggle spirit is the grounds on which to base Chinese nation to create the splendid civilization of ancient times. Hard struggle is a spirit, a thought, a core embodiment of the advancement of people in subjective world.

3. The Way to Cultivate the University Students' hard Struggle Spirit

Family education is the basis of education. Celebrated contemporary psychological expert points that, "family education is the basis and origin of one's education". Under the imperceptive influence, students will be af-

ected more or less by many factors, such as family life, learning patterns. Family education will indirectly or indirect exert a huge effects on students, and is one of the most influential educations. It is not enough to only rely on families to cultivate university students' hard struggle spirit but to cooperate with schools. These programs provided by schools, such as classroom education, campus culture, psychological education, club activity, could exert a imperceptive influence on them, which is conducive for them to cultivate the hard struggle spirit.

we can notice that the spirit of hard struggle is our spiritual power at present age, and also a way to become a useful talents. Let the college students understand that in the modern, hard struggle is a positive attitude to life.

Campus culture is an invisible force. The university environment is conducive to the implementation of College Students' hard struggle education. First, lectures on the spirit of hard struggle can be held as much as possible, and program like encouraging students to attend to some inspirational films can be held. Second, we can make full use of the campus media, and regard the hard struggle as a special topic for college students. Third, we should launch health and dormitory excellent selection activities to help college students form a good habit of thrift and frugality and face every day with an upward attitude.

In the colorful campus cultural activities, excellent community activities can play the role of educating students in the spirit of hard struggle. On the one hand, we can use hard work as the theme of the activities. On the other hand, we can also propagate the cases of hard struggle and make the spirit of hard struggle internalized as the ideological quality and spiritual character of the individuals.

The education of hard struggle can not only rely on book knowledge, but also combine with practice, and only in this way can we better understand the deep meaning of it. According to the situation of colleges and universities, we can organize students to step out of the classroom,

walk out of the campus, go to social practice in poor areas, take part in voluntary labor, carry out a visit to patriotic education base, etc., through which Students feel the spirit of hard struggle, constantly enrich themselves, and be more elevated in spirit, so as to cherish the hard won life now.

Personal cultivation is the key factor. Society, school and family provide a platform where college students can study and practice. But college students must pay attention to their personal improvement, especially developing good qualities, through which we can truly establish the correct concept of hard struggle. It is imperative that college students of modern society need possess good qualities, in this way, they can overcome the difficulties on the road of life.

4. Conclusions

To strengthen college students' spirit of hard struggle education situation is a tight, heavy task, which school and society must work closely together. Only when all parties play the role, can we cultivate students' spirit of hard work, help students grow up smoothly, and contribute to the spirit of hard work and the traditional virtues.

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